

# CENTRAL ARIZONA UROLOGISTS

## INSTRUCTIONS YOU MUST FOLLOW PRIOR TO PROSTATE BIOPSY

### IMPORTANT! PLEASE READ COMPLETELY

1. **STOP ALL aspirin, aspirin by products, and non-steroidal anti-inflammatory drugs five to seven days prior to the procedure.**
2. **TAKE antibiotic (usually Ciprofloxacin) starting the morning prior to the procedure, again the evening prior to the procedure, and again the morning of the procedure.**
3. **TAKE a Fleets Saline Enema four (4) hours prior to the procedure's scheduled time. This may be purchased over the counter at most drug stores.**
4. **There is no need to fast for the procedure. Please eat a light meal prior to your appointment.**
5. **PLEASE NOTIFY our office if you are currently taking any blood thinning medications.**