

Pre Vasectomy Instructions

All consent forms should be signed by you and your wife and brought to us before the vasectomy can be performed.

LATE CANCELLATION POLICY WILL BE A \$100 CHARGE FOR CANCELLATIONS THAT OCCUR <48 HRS PRIOR TO THE SCHEDULED VASECTOMY.

Please remember:

1. Do not consume any aspirin (ASA) or NSAID's (like Motrin or Advil) for 10 days prior to surgery without prior medical approval. Taking aspirin or NSAID's increases the risk of bleeding.
2. SHAVE ALL HAIR FROM THE UPPER SCROTUM. This means just under the penis onto the scrotal sac. The area shaved should measure about 2-3 inches around. You should do this on the day of the vasectomy. You may lather the scrotum with soap and water and shave with a safety razor.
3. After shaving the area, thoroughly wash the penis and scrotum, then shower or bathe to remove all the loose hairs. If needed, wash the area again just before coming in for your vasectomy.
4. Bring a scrotal support (jock strap or suspensory, or tight jockey shorts).
5. Wear comfortable trousers.
6. If possible, bring someone who can drive you home.
7. Refrain from eating or drinking for three hours before your vasectomy.