

# CENTRAL ARIZONA UROLOGISTS

## UROFLOW AND BLADDER ULTRASOUND

*Important- Please Read Completely*

### ***What is it?***

The flow study will show the force with which you urinate. The ultrasound will measure the amount of urine left in your bladder after urination.

### ***What will happen?***

When you arrive for your appointment you will be asked to urinate into a container in privacy. You will then go into another room for the ultrasound.

### ***How long will it take?***

The entire procedure takes approximately 15 to 20 minutes.

### ***How do I prepare for this test?***

You will need to drink 16 to 18 ounces of water, two hours prior to your appointment time. It is extremely important that you arrive to your appointment with a full bladder and a strong desire to urinate. It takes your kidneys a couple of hours to process what you drink. If your bladder is not full, you will be asked to reschedule your appointment.

**DO NOT URINATE UNTIL THE NURSE BRINGS YOU BACK TO BEGIN THE TEST!**

**If you have any questions, please contact our office.**