

Central Arizona Urologists

CYSTOSCOPY

IMPORTANT PLEASE READ COMPLETELY

WHAT IS IT?

A cystoscopy is a diagnostic procedure whereby the doctor will look directly into your bladder using a small flexible telescope.

WHAT WILL HAPPEN?

When you arrive for your appointment you will be asked to give a urine sample. You will then be asked to disrobe from the waist down. You will be seated on a special exam table. Females will have their feet resting in stirrups, while males will have legs flat and extended on the table. The nurse will prepare you by spraying a cleaning solution on the outer opening of your bladder (urethra). The nurse will then place sterile towels around the area. It is **extremely important** that you do not touch the towels.

DOES IT HURT?

The nurse will insert numbing jelly into the urethra. You may feel pressure when the telescope is inserted. During the test the doctor will be filling your bladder with water. Therefore, you may feel full and have the urge to urinate.

HOW LONG WILL IT TAKE?

The actual procedure takes approximately one minute after the nurse prepped you. You may use the restroom afterwards to evacuate your full bladder. Do not be surprised if some air bubbles are evacuated (this air was placed into the bladder during its filling). After the test the doctor will speak with you to review the results. You may have a family member present at that time only.